

# CURRICULUM VITAE

MAHOMED YUSUF HASSIM

MOOSA

<b>PERSONAL DETAILS</b>
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<b>DATE OF BIRTH</b>	24 <sup>th</sup> October 1957
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## QUALIFICATIONS

### UNIVERSITY DEGREES

Ph D (Psych)	University of Witwatersrand	awaiting examiners
M MED (Psych)	University of Witwatersrand	2002
M B Ch B	University of Natal	1982
B Sc (Chemistry, Biochemistry) <i>Distinction in Mathematics I</i>	University of Durban-Westville	1977

### PROFESSIONAL QUALIFICATIONS

F C (Psych)	Colleges of Medicine SA	2001
M C F P	Colleges of Medicine SA	1998

### PROMOTIONS

Adjunct Professor	University of Witwatersrand	2008
Senior Lecturer	University of Witwatersrand	2003

### AWARDS

RWS Cheetham award	CMSA	2007
Department Research Prize	University of Witwatersrand	2003/7

## CURRENT EMPLOYMENT

### GAUTENG DEPARTMENT OF HEALTH

**Johannesburg District Health Services** - Feb 2011 to date  
Head Clinical Unit (Psychiatry)

### UNIVERSITY OF WITWATERSRAND

**Division of Psychiatry** - 2001 to date  
Adjunct Professor (Psychiatry)

## RESPONSIBILITIES

### CLINICAL ROLE

1. To provide overall clinical care and support for Mental Health Services in Gauteng Department of Health at all levels of care:
  - To develop a comprehensive mental health service at all levels of care, both in the district and hospital services, and ensure that mental health services are available and accessible to the community, as close to their homes as possible.
  - To support the promotion of mental well being and the prevention of mental illness
  - To improve early detection, treatment and care in order to minimize the long-term effects of mental disorders.
  - To co-ordinate the development and implementation of clinical policies at all levels of care
  - To develop and strengthen Acute Mental Health Services

- Improve mental health services for children and adolescents Implement clinical audit systems and processes across the services system with adequate support to establish a database (e.g. human resources, technical)
2. To support the implementation of the Mental Health Care Act. Promote mental health and a human-rights approach to dealing with people with mental disorders.
  3. To develop and strengthen Chronic Mental Health Services. Reduce institutional care for people with chronic mental disorders and increase community-based care.
  4. The development and ongoing provision of training of primary care workers and undergraduate and postgraduate student training and assessment.

#### MANAGEMENT AND ADMINISTRATIVE ROLE

1. Mental Health directorate management administration.
2. To stimulate and promote relevant research.
3. Participate in the relevant structures – provincial and national and specialty bodies in order to implement health policy.
4. Staff training and development – in theoretical and practical skills development.
5. TRANSFORMATION OF SERVICES
  - Address issues of equity and quality of services in previously disadvantaged areas.
  - Adopt and Implement the principles of Batho Pele

ACADEMIC - with University of Witwatersrand

#### PREVIOUS EMPLOYMENT

Dec 2006 to Feb 2011	PRINCIPAL SPECIALIST Psychiatry <b>Director - Mental Health Directorate</b>	Gauteng Health University of Witwatersrand
Sept 2006 – Nov 2005	SENIOR SPECIALIST Psychiatry <b>Acting Head Community Psychiatry</b>	Gauteng Health Johannesburg Metro University of Witwatersrand
July 2005 – Sept 2006	SENIOR SPECIALIST Psychiatry	Gauteng Health Johannesburg Metro University of Witwatersrand
Nov 2003 – June 2005	SENIOR SPECIALIST Psychiatry <b>Head of Adult Unit</b>	Gauteng Health Johannesburg Hospital University of Witwatersrand
May 2003 – Oct 2003	SPECIALIST Psychiatry <b>Head of Adult Unit</b>	Gauteng Health Johannesburg Hospital University of Witwatersrand
July 2002 – April 2003	SPECIALIST Psychiatry	Gauteng Health Johannesburg Hospital

<b>MEMBERSHIP OF ORGANISATIONS</b>
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**PROFESSIONAL**

CINP

Jan 2006 to date                      Member

FEDERATION OF ISLAMIC MEDICAL ASSOCIATIONS

Sept 2003 to date                      Member

SOUTH AFRICAN SOCIETY OF PSYCHIATRISTS

*Gauteng Branch*

2000 to date                              Member

*National Executive Committee*

2006 to 2009                              Executive committee member

CENTRAL GAUTENG MENTAL HEALTH SOCIETY - Board of Management

Aug 2005 to 2011                      Member

**COMMUNITY**

JOHANNESBURG MUSLIM SCHOOL

*Board of Management*

1992 to date                              Member

*Education Committee*

2000 to date                              Chairperson

**DEPARTMENT OF HEALTH****NATIONAL***HIV/AIDS and Psychiatric illness task team*

June 2007 to 2011                      Member

*MHCA task team*

June 2011 to date                      Member

## **PROVINCIAL**

### *Monitoring and Evaluation Forum*

June 2007 to 2011                      Member

### *Pharmaceutics and Therapeutics committee*

January 2007 to 2011                  Member

### *Adverse Events Committee*

January 2007 to 2011                  Member

### *Psychiatric Pharmaceutics and Therapeutics committee*

May 2007-Dec 2007                    Acting Chairperson

Oct 2006 - to 2011                    Member

## **REGIONAL**

### *Johannesburg Metro District Medicines and Therapeutics committee*

Aug 2005 - to June 2006              Member

July 2006 to Jan 2007                Chairperson

### *Regional Medicines and Therapeutics committee*

Jan 2006- to 2007                    Member

## **JOHANNESBURG HOSPITAL**

### *Departmental Management Team*

2003 to 2005                          Member

### *Special Leaves Committee*

2003 to 2005                          Member

### *Clinical Heads Committee*

2003 to 2004                          Member

### *Management Advisory Committee*

2003 to 2004                          Member

## **UNIVERSITY OF WITWATERSRAND**

### **Senate**

### *Council*

*CV – Adj. Professor MYH Moosa*

2005 to date	Member
<i>Council Readmissions committee</i>	
2005 to 2009	Member
<i>Council Disciplinary committee</i>	
2005 to 2009	Member
<i>Council selection committee for appointment of Head of Divisions</i>	
Head of Chemical Pathology - 2005	
Head of Paediatric Dentistry and Prosthodontics - 2005	

## **Faculty**

<i>Postgraduate committee</i>	
2009 to 2011	Member
<i>Professional and Ethical Standards Committee</i>	
2004 to 2011	Member
<i>Faculty Teaching and Learning Committee</i>	
2005 to 2011	Member
<i>Committee for Community Based Health Sciences Education</i>	
2006 to 2011	Member
<i>Graduate Entry Medical Program</i>	
2003 to 2011	Member
<i>Wits Registrar Association</i>	
2000 – 2001	Executive member

## **Wits Health Consortium**

<i>CPD committee</i>	
2002 to 2004	Member

## **Division of Psychiatry**

<i>Executive committee</i>	
2002 to 2010	Member
<i>Research Committee</i>	
2006 to 2010	Member
<i>Postgraduate Committee</i>	

2002 to 2010	Member
<i>GEMP</i>	
2004 to 2010	Member
<i>Undergraduate Committee</i>	
2002 to 2010	Member
<i>Registrar Committee</i>	
1999 – 2001	Member
<i>Research Day committee</i>	
2000 – 2001	Chairperson

## **MEMBER OF EDITORIAL BOARDS**

### **South African Journal of Psychiatry**

South African Associate Editorial Board - member

### **Journal of Islamic Medical Association of South Africa**

Publications Committee - member

## **REVIEWER FOR JOURNALS**

- 1) Journal of Clinical Psychopharmacology.
- 2) African Journal of Psychiatry.
- 3) Clinical Infectious Diseases.
- 4) Journal of Psychosomatic Research
- 5) South African Journal of Psychiatry.
- 6) South African Psychiatry Review.
- 7) Schizophrenia Research.



## **PUBLICATIONS**

### **International**

- 1) Jonsson, G., Furin, J., Jeenah, F., Moosa, M., Sivepersad, R., Kalafatis, F., & Schoeman, J. Human rights, mental illness, and HIV: The Luthando Neuropsychiatric HIV Clinic in Soweto, South Africa. *Health And Human Rights: An International Journal*. 2011. 13(2).
- 2) Moosa MYH, Jonsson G, Jeenah FY, Michael J, De Wee L. Support groups for HIV positive mentally ill patients. *International Journal of Psychology and Counselling* 2009, Vol. 1(9): 147-153.
- 3) Jonsson G, Jeenah FY, Moosa MYH. Fluoxetine and TEN – Case Report. *Journal of Clinical Psychopharmacology*. 2008; 28, Issue 1: 93-95
- 4) Moosa MYH, Panz VR, Jeenah FY, Joffe BI. African women with depression: the effect of Fluoxetine and Imipramine on body mass index and leptin secretion. *Journal of Clinical Psychopharmacology* 2003; 23: 549-552.

### **National**

- 1) M Y H Moosa, F Y Jeenah. Provider-initiated HIV counseling and testing (PICT) in the mentally ill. *South African Journal of Psychiatry*. 2013. 19(3):60-64. DOI:10.7196/SAJP.408
- 2) Jonsson G, Moosa MYH, Jeenah FY. The outcome of Mental Health Care Users admitted under Section 40 of the South African Mental Health Care Act. *African Journal of Psychiatry* 2013. 16:94-103.
- 3) M Y H Moosa, F Y Jeenah. Antidepressants versus interpersonal psychotherapy in treating depression in HIV-positive patients. *S Afr J Psych*. 2012. 18(2)
- 4) S V Moodley, M J Matjila, MYH Moosa. Epidemiology of substance use among secondary school learners in Atteridgeville, Gauteng. *South African Journal of Psychiatry*. 2012. Vol 18, No1: 2-9
- 5) Jonsson G, Moosa MYH, Jeenah FY. Knowledge, attitudes and personal beliefs about HIV and AIDS among mentally ill patients in Soweto, Johannesburg. *Southern African Journal of HIV Medicine*. 2011. Vol 12, No3: 14-20
- 6) G Jonsson, M Y H Moosa, F Y Jeenah Moosa MYH, Jeenah FY. Feelings of hopelessness in stable HIV positive patients on antiretrovirals. *South African Journal of HIV*. 2010, Vol 11 (1):40-44.
- 7) M Y H Moosa, F Y Jeenah. A review of the applications for involuntary admissions made to the Mental Health Review Boards by institutions in Gauteng in 2008. *South African Journal of Psychiatry*, 2010, Vol 16 (4): 125-130.
- 8) Jonsson G, Moosa MYH, Jeenah FY. The mental health care act : Stakeholder compliance with Section 40 of the Act. *South African Journal of Psychiatry*. 2009, Vol 15(2): 37-41.
- 9) Moosa MYH, Jeenah FY. The use of restraints in Psychiatry. *South African Journal*. 2009, Vol 15 (3): 72-75.
- 10) Moosa MYH, Chait L, Cohen A, et al. Anxiety associated with Colposcopy at Chris Hani Baragwanath Hospital, *South African Journal of Psychiatry*.2009. Vol 15(2): 48-51.

- 11) Moosa, M.Y.H.; Jeenah, F.Y. Community psychiatry: an audit of the services in Southern Gauteng. South African Journal of Psychiatry, 2008, Vol 14, Issue 2: 36-43.
- 12) Kazadi, N.J.B.; Moosa, M.Y.H.; Jeenah, F.Y. Factors associated with relapse in schizophrenia. South African Journal of Psychiatry, 2008, 14, Issue 2:52-62.
- 13) Moosa, M.Y.H.; Jeenah, F.Y. Orexin - does it have a role in mental illness? South African Journal of Psychiatry, 2008, Vol 14, Issue 2: 63-64.
- 14) Moosa, MYH, Jeenah FY. Involuntary treatment of psychiatric patients in South Africa African Journal of Psychiatry: 2008, Vol. 11, No.2: 109-112.
- 15) Moosa MYH, Jeenah FY. Kazadi NJ. Treatment adherence. South African Journal of Psychiatry, 2007, 13 (2): 40-45.
- 16) Moosa, M.Y.H.; Jeenah, F.Y. Treating depression in HIV / AIDS. South African Journal of Psychiatry, 2007, Vol 13, Issue 3: 86-88
- 17) Moosa MYH, Jeenah FY. Assessment of Undergraduate Psychiatry – A paradigm shift. South African Psychiatry Review. 2007. 10: 88-91.
- 18) Moosa MYH, Jeenah FY. CT scans in psychiatric patients – An exploratory study at Chris Hani Baragwanath hospital. SAJP. 2007. 13: 91-94
- 19) Jeenah FY, Moosa MYH. Polygamy in Islam. JIMASA; 2006; 13: 12-14.
- 20) MC Solwa; MYH Moosa. Islamic Medicine, Islamic Ethics and Islamic Medical Curriculum. JIMASA. 2006. 13: 30-34.
- 21) Jeenah FY, Moosa MYH. Post Traumatic Stress Disorder. JIMASA. 2006. 13: 9-12.
- 22) Moosa MYH, Jeenah FY, Mouton C – ECG changes in patients on chronic psychotropic medication. SAJP. 2006. 12: 42-46
- 23) Moosa MYH, Benjamin R, Jeenah FY. A review of multi-spousal relationships: Psychosocial effects and therapy. SAJP. 2006. 12: 12-15.
- 24) Moosa MYH, Jeenah FY, Vorster M. Repeat Non fatal suicidal behaviour at Johannesburg Hospital. SAJP. 2005. 11: 84-88.
- 25) Moosa MYH, Jeenah FY, Vorster M. The relationship between Depression and CD4 counts in patients with HIV. SAJP. 2005. 11:12-15.
- 26) Moosa MYH, Jeenah FY, Pillay A, Vorster M, Liebenberg R. Non-fatal suicidal behaviour at the Johannesburg General Hospital. S Afr Psychiatry Rev. 2005. 8: 104-107.
- 27) Moosa MYH, Jeenah FY, Raghurir L. An analysis of acute admissions to Johannesburg Hospital. Letter to the editor: S Afr Psychiatry Rev. 2004. 3: 37-38.
- 28) Jeenah FY, Moosa MYH. Leptin in Depression. JIMASA. 2003. 10: 14-16.
- 29) Moosa MYH, Jeenah FY. Leptin and Psychiatry. SAPR. 2003. 6: 6-9.
- 30) Moosa MYH, Jeenah FY. An Analysis of Acute Admissions to a General Hospital Psychiatric Unit. SAPR 2002. 5:16-18.

- 31) Moosa MYH. Basic principles of psychopharmacology. Journal of Depression and Anxiety 2000. 3: 24-26